



# The Promise of Genomics

**April 29, 2010**

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# Agenda

- Generation Health: Addressing the Opportunities and Challenges in Personalized Medicine
- Genetics for Individualized Health Care
- Our Genetic Benefit Management Strategy
- The Right Starting Point: Expanded Pharmacogenomics



# Generation Health: Addressing the Opportunities and Challenges in Personalized Medicine

# Genetic Testing Trends to Consider

## Increasing Genetic Testing Utilization & Cost

- Molecular diagnostic testing is expected to grow 14% annually to \$5 billion by 2012<sup>1</sup>
- 1 in 5 genetic tests paid by health plans are ordered inappropriately<sup>2</sup>
- Roughly 100 genetic tests are introduced every year<sup>3</sup>

## Growing Opportunity To Optimize Drug Use & Safety Through Testing

- The FDA has identified 30+ valid biomarkers, where a genetic test may help inform an Rx decision<sup>4</sup>
- The market for “targeted therapies” where efficacy can be informed by a test is expected to reach \$21 billion by 2015<sup>1</sup>
- Each year, an estimated 2 million hospitalizations occur because of adverse drug response, resulting in 100,000 deaths<sup>5</sup>

1. PricewaterhouseCoopers, The New Science of Personalized Medicine – Translating the Promise into Practice, October 2009. 2. Evidence cited by large insurers and AHIP. 3. GeneTest.org. 4. <http://www.fda.gov/downloads/drugs/scienceresearch/researchareas/pharmacogenetics/ucm085505.pdf>, accessed January 20, 2010. 5. Lazarou J, Pomeranz BH, Corey PN. Incidence of adverse drug reactions in hospitalized patients: A met-analysis of prospective studies. JAMA April 15, 1998; 279:1200-1205.

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# Payors' Challenges with Genetics

- What are my genetic testing costs?
- What tests should I cover?
- Who should get tested?
- Who should perform the test?
- What are the benefits of testing?



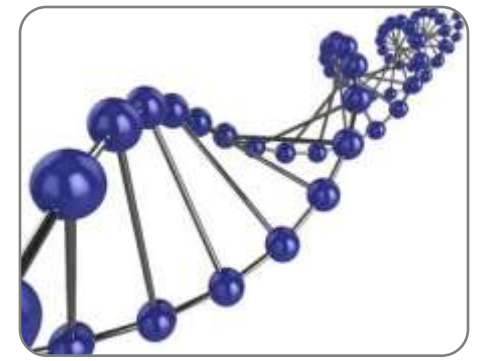
# Personalized Medicine: Genetics for Individualized Health Care

# Personalized Medicine: Driven by Innovations in Genetics

- Scientific, clinical and technological advancements have led to the increased accessibility of genetic information for informing personalized health care



23andMe  
Knome<sup>®</sup>  
Navigenics



**Human Genome Project**  
First map of human genome completed in 2003 at a cost of \$2.7B<sup>1</sup>

**DTC Genetics**  
In 2007, consumers can purchase genetic tests over the Internet for as little as \$399

**Complete Genomics**  
Began offering commercial whole genome sequencing service for \$5,000 in 2009<sup>2</sup>

1. U.S. Department of Energy Human Genome Program <http://www.ornl.gov/hgmis/home.shtm>

2. Singer, Emily. "Five Thousand Bucks for Your Genome." *Technology Review*, February 6, 2009.

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# Personalized Medicine: Genetics for Individualized Health Care

**Personalized medicine has been implemented through the use of genetic tests for numerous applications, including:**



<b>Disease susceptibility</b>	Predict future onset of inherited disease
<b>Disease diagnosis</b>	Determine specific disease subtype to inform individualized course of treatment
<b>Disease prognosis</b>	Stratify patients by disease severity to allow for adjustment of treatment regimen
<b>Therapy selection</b>	Determine appropriate drug and treatment regimen based on an individual's genetic code

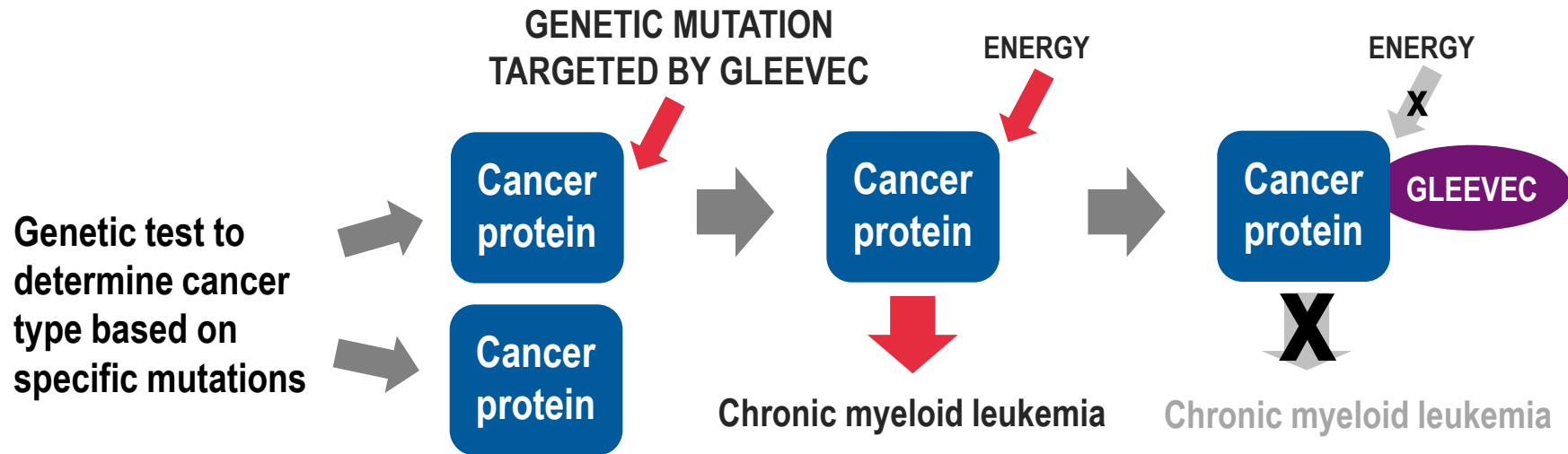
# Pharmacogenomics: The Right Drug, For The Right Person, At The Right Dose



**Information from a genetic test can inform response and likelihood of adverse reactions to a growing number of drugs.**

# Example of Pharmacogenomics: Targeted Cancer Therapy

- Leukemia patients harboring a specific genetic mutation in their tumor cells are administered **Gleevec® (imatinib)**



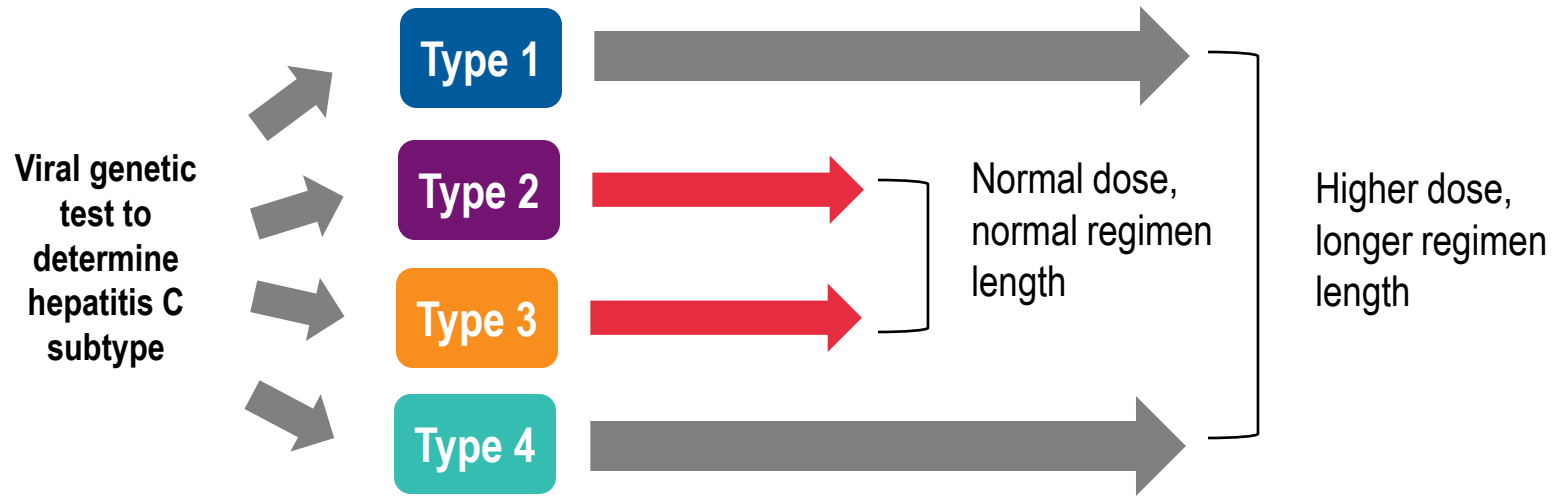
**Gleevec results in 5-year survival rates of 90% for CML patients, compared to 30% prior to the drug's approval<sup>1</sup>.**

1. N Engl J Med. 2006 Dec 7;355(23):2408-17.

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# Example of Pharmacogenomics: Individualized Hepatitis C Therapy

- Several subtypes of **Hepatitis C virus** exist based on viral genetics
  - Some viral subtypes are associated with poorer prognosis
  - Patients infected with those subtypes benefit from more aggressive therapy regimen



**Individualized therapy based on viral subtype helps prevent progression to serious liver disease, including cirrhosis and liver cancer.<sup>1,2</sup>**

1. Ann Intern Med. 1997 Nov 15;127(10):855-65.

2. JAMA. 2003 Jul 9;290(2):228-37.

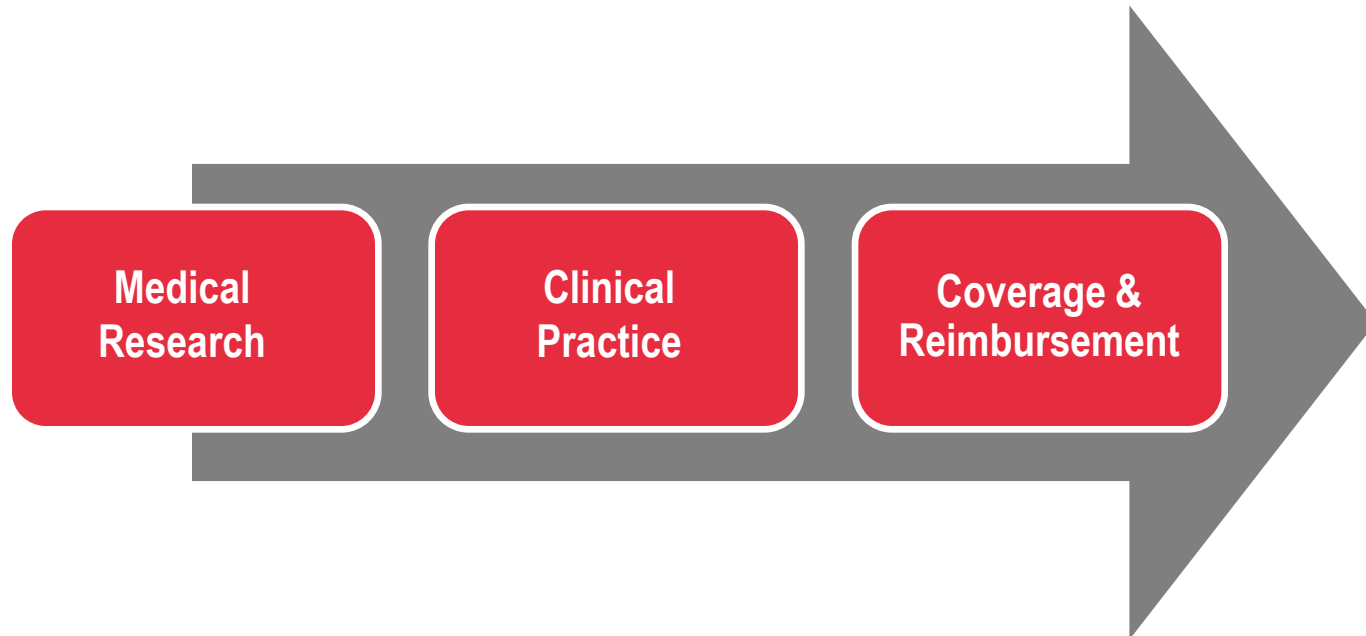
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# Our Benefit Management Strategies

# Premise of Generation Health

## Genetic Benefit Management



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**Optimizing the use of genetic testing will become a critical challenge for payors.**

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# Generation Health Founding Expertise



## Pharmacy Benefit Management

Generation Health senior leadership helped build the PBM industry in the 1980s and 1990s



## Genetic Testing Lab and Analysis

Significant intellectual capital in genetics and laboratory industry practices



## Data Mining and Informatics

Medical claims data mining platform can identify gaps in care

# Generation Health Value to CVS Caremark

## Genetic Medicine Expertise

- Expert clinical consultative services and panel advice
- Predictive clinical outcome models and savings algorithms
- Identification of new tests for coverage
- Identification of tests that should not be covered

## Genetic Benefit Programs

- Clinical outreach and education
- Test facilitation and coordination of lab services for physicians and members
- Utilization management
- Access to team of genetic experts

## Best Test™ Genetics Network

- A preferred provider organization of genetic testing labs
- Negotiation of commercial terms
- Lab and test credentialing and monitoring

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**Expands genetic testing guidelines and provides access to high-quality diagnostics at preferred prices.**

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# A Strategic Partnership



- Integrates the CVS Caremark experience in **pharmacy benefit management** with Generation Health's expertise in **genetic benefit management**
- Expands the CVS Caremark Specialty Guideline Management **pharmacogenomic intervention portfolio** to incorporate non-specialty therapies, the **latest genetic guidelines** and provide access to high-quality diagnostics at preferred prices
- **Enables** more precise prescribing, helping to **improve** patient **outcomes** and reduce overall health care **costs**

# Our Comprehensive Genetic Benefit Management Strategy

## What are the benefits of testing?

- Clinical Outcomes Studies
- Economic Outcomes Studies
- Test Utilization Rx Analysis
- Medical Savings Analysis

## ASSESSMENT



## What are my genetic testing costs?

- Targeted Rx Opportunity Analysis
- Self-Assessment Tools
- Retrospective Claims Audit
- Claims Enrichment / Analysis

## CLINICAL CONSULTATION



## What tests should I cover?

- Medical Policy Guidance
- Best Test™ Guidance
- Educational Content

## OPTIMIZATION SERVICES



## Who should get tested?

- Target Rx Identification
- Physician Outreach / Intervention
- Patient Education / Test Facilitation
- Medical Appropriateness Services
- Genetic Counseling Services

## LAB NETWORK



## Who should perform the test?

- Qualified Best Test™ Labs
- Price Discounts
- Test Selection Support
- Ongoing Lab Credentialing

## EVALUATION





# The Right Starting Point: Expanded Pharmacogenomics

# Types of Genetic Testing

## Pharmacogenomics (PGx)

- **Goal:** Evaluate the genetics of individuals, tumors and infections to help select the best therapy
- **Uses:** Determine right drug and dosage; minimize adverse events
- **Example:** Herceptin efficacy for cancer patients with HER2 gene over-expression
- **Testing Costs:** \$100s

## Medical Diagnostics (MDx)

- **Goal:** Evaluate risk or confirm diagnosis of genetic or hereditary disease
- **Uses:** Inform medical management or family planning decisions
- **Example:** Risk of hereditary breast cancer confirmed through BRCA1/2 genetic test
- **Testing Costs:** \$1,000s

# PGx Program Goals

Reduce Waste  
and Risk

Associated with trial-and-error prescribing

Improve Health  
Outcomes

Through greater accuracy and precision in drug therapy

Reduce Overall  
Health Care Costs

Related to inappropriate drug utilization and associated medical costs

Facilitate High-  
Quality Genetic Tests

By providing access to credentialed labs at preferred prices

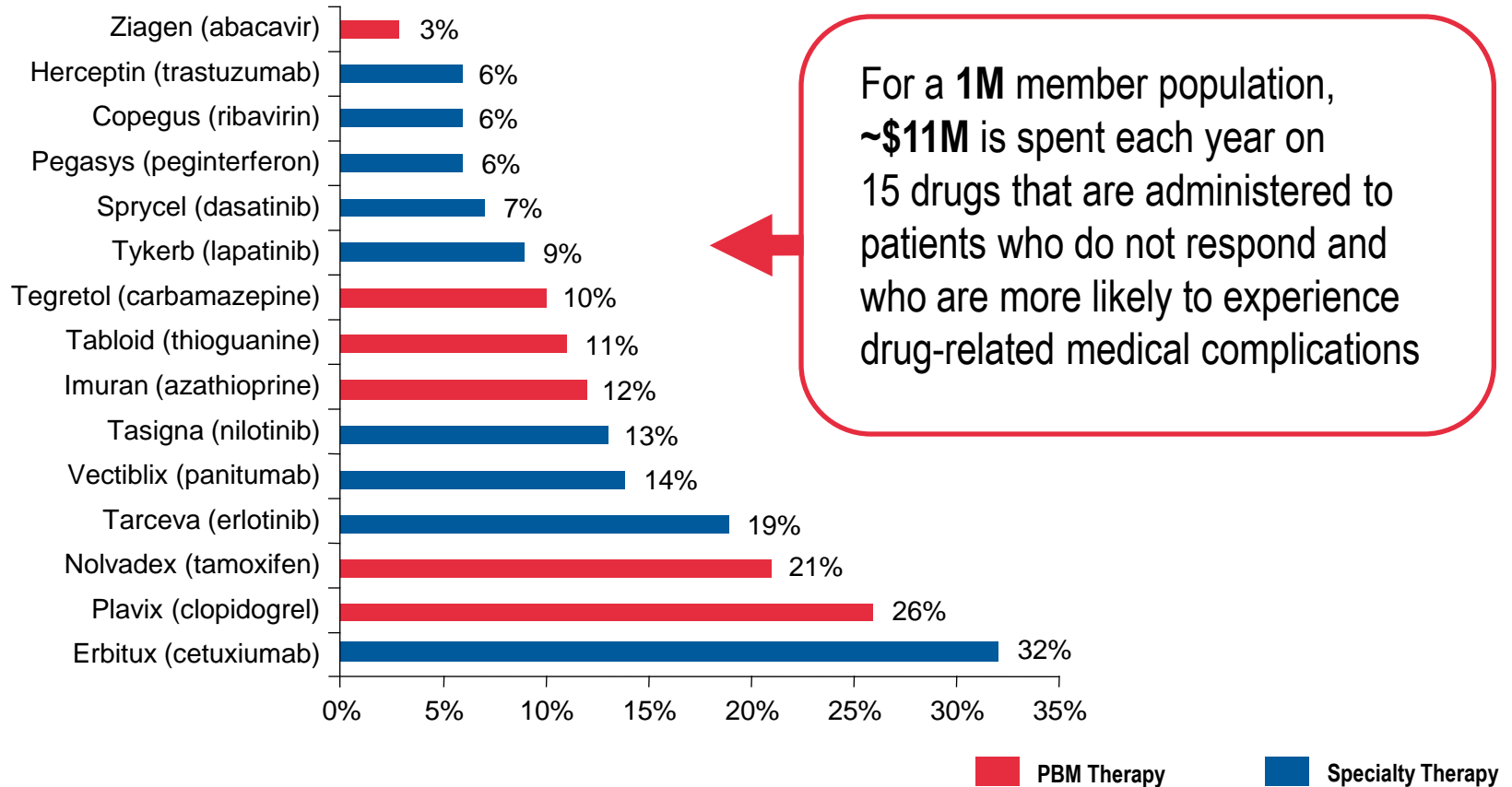
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**More precise prescribing information leads to improved therapy outcomes and plan savings.**

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# PGx Removes Waste

## Percent of Drug Spend Associated with Suboptimal Clinical Benefit







Source: Data derived using Generation Health's economic modeling platform, which leverages representative cost and epidemiological metrics from peer-reviewed literature, government information resources and administrative health care claims databases. Current as of March 17, 2010.

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# PGx Improves Outcomes and Avoids Cost

## Select PGx Examples

### Impact of Genetic Variant

Target Therapy	Patient Health Concern	FDA Label Reference to PGx	Prev. of High-Risk Genotype	Relevant Clinical Consequence and Severity	Impact of Genetic Variant	Complication Cost per Episode (Est.)
<b>Plavix</b> (CYP2C19)	Efficacy	Boxed warning	1 in 4	Major cardiac event (heart attack, stroke)	 SEVERE	\$20,000 <sup>1</sup>
<b>Imuran</b> (TPMT)	Safety	Recommendation for consideration of gene/gene product	1 in 9	Leukopenia	 MODERATE	\$5,000 <sup>2</sup>
<b>Ziagen</b> (HLA-B*5701)	Safety	Recommendation for screening	1 in 18	Abacavir hypersensitivity	 MODERATE	\$2,000 <sup>3</sup>
<b>Tegretol</b> (HLA-B*1502)	Safety	Recommendation for testing	1 in 490	Stevens Johnson Syndrome/Toxic Epidermal Necrolysis	 SEVERE	\$20,000/\$60,000 <sup>4</sup>

Complication costs are derived from studies listed. 1. Cohen D, et al. TRITON-TIMI 38 ECONOMIC SUBSTUDY: Cost-Effectiveness of Prasugrel vs. Clopidogrel from a Prospective Randomized Trial of Patients with ACS Undergoing PCI. 2. Caggiano V, et al. Incidence, cost, and mortality of neutropenia hospitalization associated with chemotherapy. Cancer. 2005 May 1;103(9):1916-24 3. Schackman BR, et al. The cost-effectiveness of HLA-B\*5701 genetic screening to guide initial antiretroviral therapy for HIV. AIDS. 2008 Oct 1;22(15):2025-33 4. Kagan RJ, et al. DRG 272: does it provide adequate burn center reimbursement for the care of patients with Stevens-Johnson syndrome and toxic epidermal necrolysis? J Burn Care Res. 2007 Sep-Oct;28(5):669-74. Information valid as of March 12, 2010.

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# Best Test™ Genetics Network

Solutions to address the limitations of traditional PPO purchasing

- Technology** ▶ Technology assessment process and specimen collection standardization
- Quality** ▶ Lab credentialing, proficiency testing, report guidance
- Service** ▶ Preferred and managed network turn-around times
- Price** ▶ The highest quality genetic testing with competitive negotiated pricing

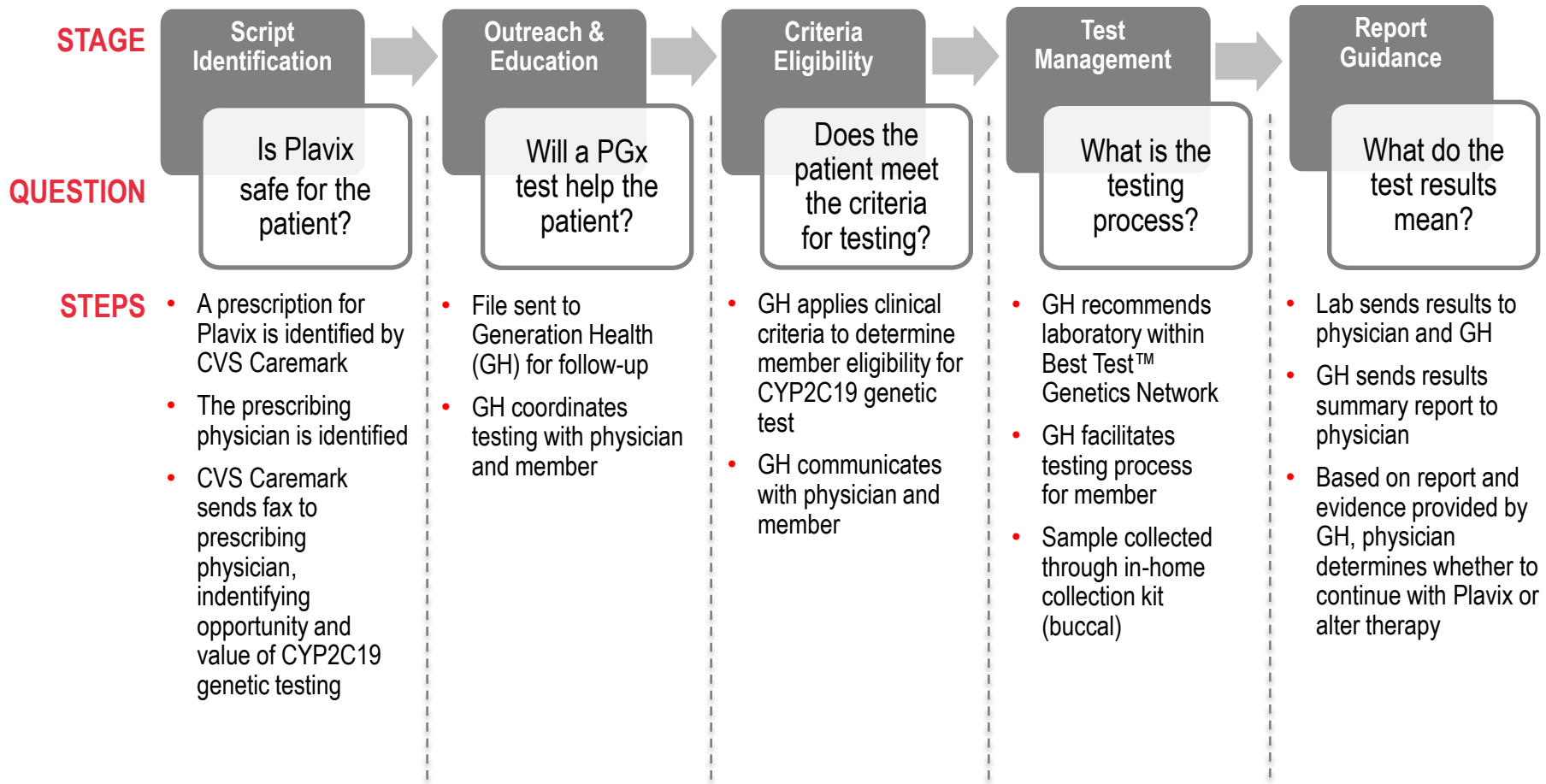
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**Provides quality genetic testing that is accurate, timely and economical.**

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# Physician and Patient Experience

## Example: Plavix Program



# A Superior Pharmacogenomics Offering

- **Actionable** genetic information can help improve therapy outcomes and increase health care savings
  - Independent and impartial clinical recommendations help establish appropriate utilization rules
  - Broad array of drug therapies target and address increased value of Genetic Benefit Management
  - Preferred lab network helps to ensure quality, timeliness and negotiated pricing for genetic testing
  - Targeted therapies, centered around evidence-based medicine, focus testing on interventions proven to increase safety and efficacy

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**Independent laboratories lead to more objective and cost effective utilization.**

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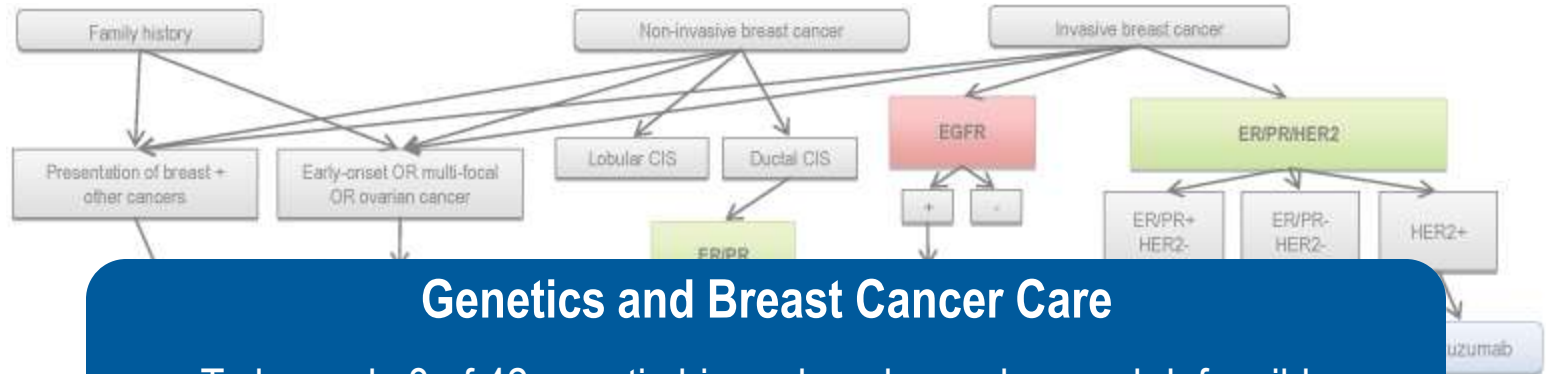
# Appendix

# Assessment Tools Can Clarify Costs

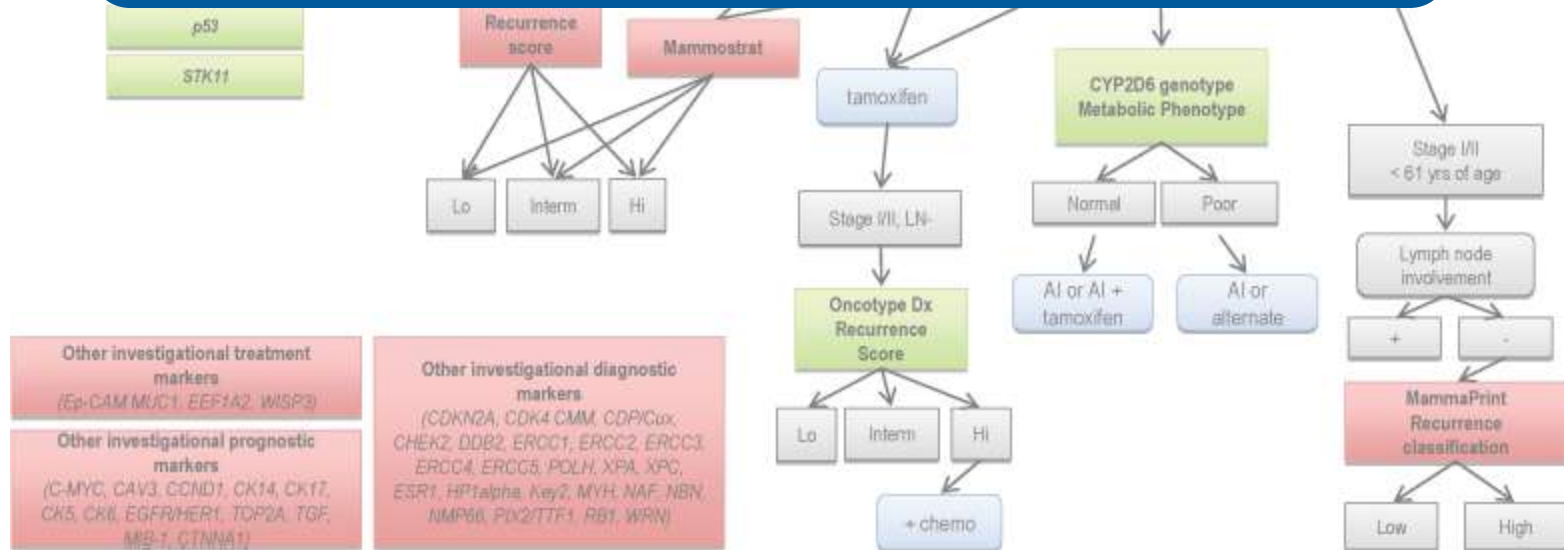
- Plan edits and utilization reporting is complicated by reimbursement system that identifies laboratory processes but not test-level details

CPT CODE ASSIGNMENT		
<b>Test Code:</b> None		<b>Test Name:</b> AMD (Age Related Macular Degeneration) DNA Sequencing Test
<b>Test Composition:</b> ARMS2, C3, CFB, CFH DNA Sequencing		
CPT CODE	CODE DESCRIPTION	# OF UNITS
83891	Molecular diagnostics; <b>isolation</b> or <b>extraction</b> of highly purified nucleic acid, each nucleic acid type (e.g.DNA or RNA)	1
83892	Molecular diagnostics; <b>enzymatic digestion</b> , each enzyme treatment	1
83898	Molecular diagnostics; <b>amplification</b> , target, each nucleic acid sequence	78
83904	Molecular diagnostics; mutation identification by <b>sequencing</b> , single segment, each segment	156
83909	Molecular diagnostics; separation and identification by high resolution technique (e.g., capillary electrophoresis), <b>each nucleic acid preparation</b>	156
83912	Molecular diagnostics; <b>interpretation and report</b>	1

# Coverage Framework for Genetic Testing

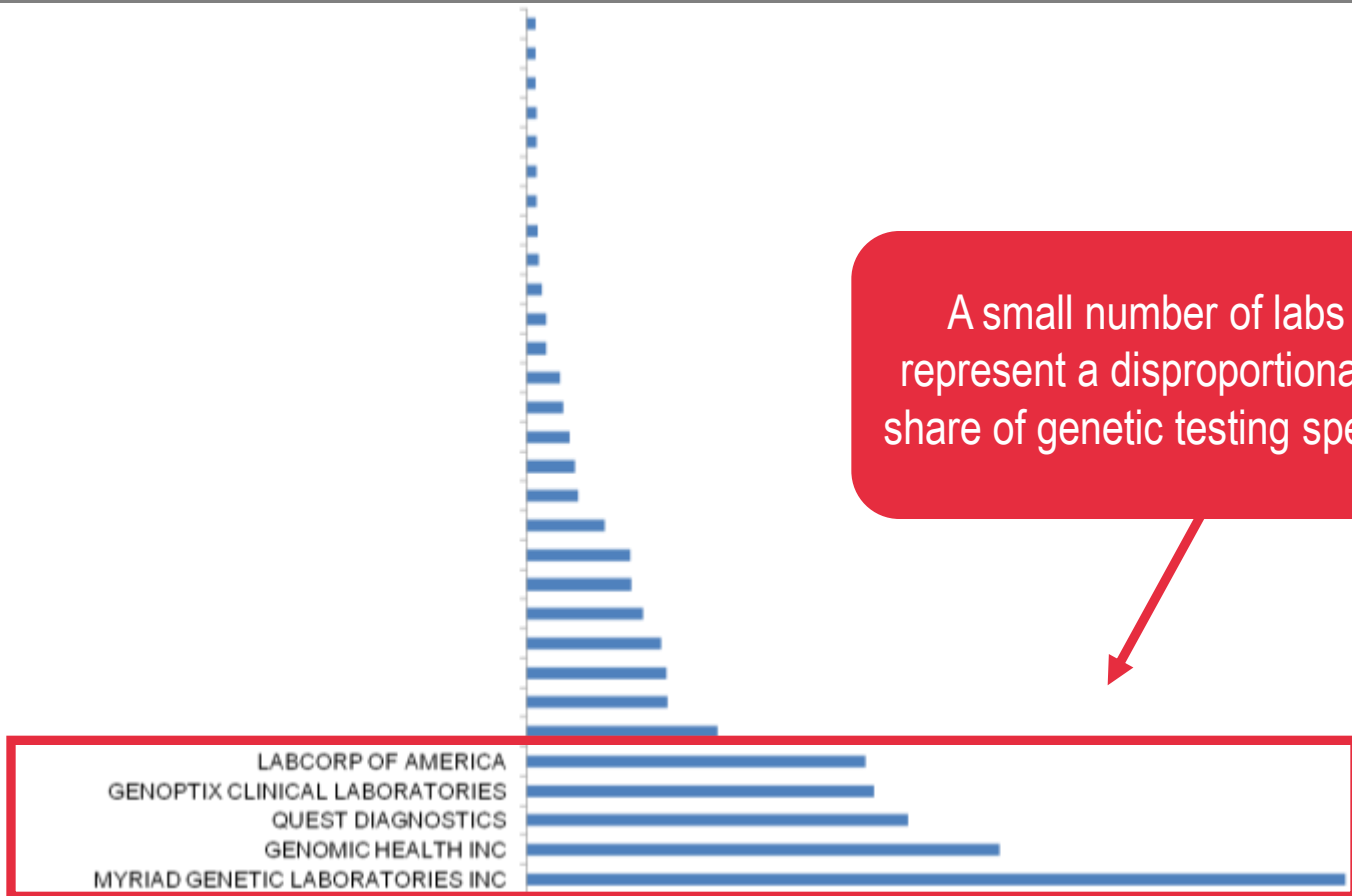


**Genetics and Breast Cancer Care**  
 Today, only 8 of 42 genetic biomarkers have clear and defensible clinical utility in the treatment of breast cancer.



# Targeted Medical Appropriateness Services

## Top Genetic Test Lab Providers By Paid Amount



# Best Test™ Genetics Network Addresses Cost and Quality

To order a genetic test for **Hereditary Nonpolyposis SP-Colorectal Cancer (HNPCC)**, a physician must make the following decisions:

## Which lab?

There are **9 laboratories** that perform the tests, including the Mayo Clinic and Myriad Genetics

## Which genes?

There are **5 different genes** associated with risk of HNPCC

## Which laboratory method?

There are **6 different methods** available to perform the test

# Need for Best Test Guidance

- The result: 79 brands of HNPPC tests with variations in cost, accuracy and timeliness of genetic information

Lab	Price	Turn-Around Time
<b>Emory</b>	<b>\$4,000.00</b>	<b>14 to 70 days</b>
Emory	\$3,400.00	
Harvard	\$2,700.00	
Emory	\$2,200.00	
City of Hope	\$1,771.20	
Emory	\$1,500.00	
City of Hope	\$1,437.48	
Mayo Clinic	\$1,100.00	
Baylor	\$910.00	
Emory	\$790.00	
City of Hope	\$695.88	
City of Hope	\$547.56	
Emory	\$415.00	
Mayo Clinic	\$366.80	
Mayo Clinic	\$175.00	
<b>Emory</b>	<b>\$125.00</b>	

Source: GH internal research 2009.

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# Complete CVS Caremark Portfolio of Pharmacogenomics Programs

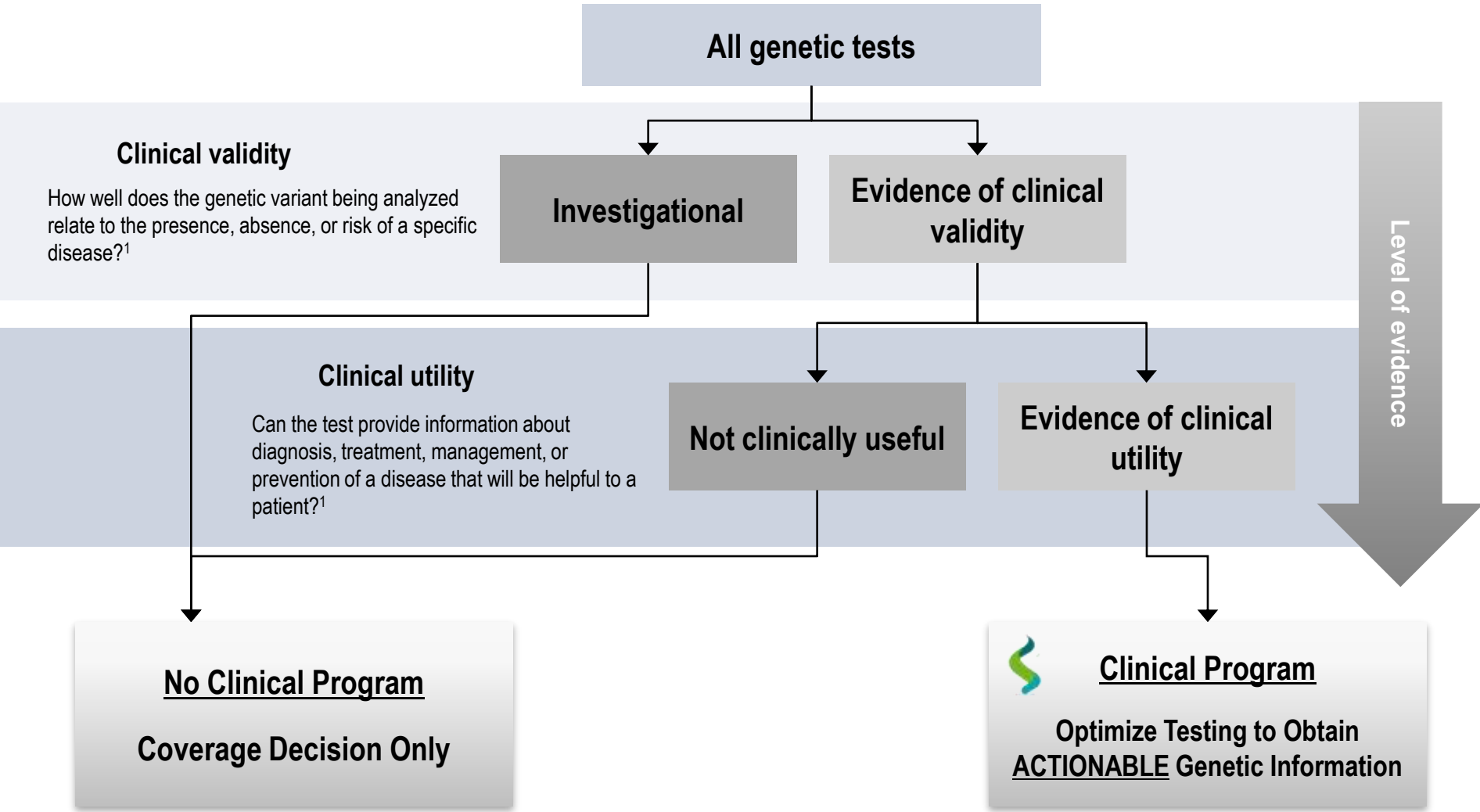
Drug Type	Targeted Drug	Therapy
<b>Traditional PBM/ Retrospective Intervention</b>	<b>Ziagen</b> (abacavir)	HIV
	<b>Imuran</b> (azathioprine)	Rheumatoid Arthritis
	<b>Tegretol</b> (carbamazepine)	Seizures, Bipolar
	<b>Plavix</b> (clopidogrel)	Reduction of Atherothrombotic Events
	<b>Nolvadex</b> (tamoxifen)	Oncology
	<b>Tabloid</b> (thioguanine)	Oncology
<b>Specialty*/Prospective Intervention</b>	<b>Sprycel</b> (dasatinib)	Oncology
	<b>Erbix</b> (cetuximab)	Oncology
	<b>Herceptin</b> (trastuzumab)	Oncology
	<b>Revlimid</b> (lenalidomide)	Oncology
	<b>Rituxan</b> (rituximab)	Oncology
	<b>Vectibix</b> (panitumumab)	Oncology
	<b>Tasigna</b> (nilotinib)	Oncology
	<b>Tarceva</b> (erlotinib)	Oncology
	<b>Gleevec</b> (imatinib)	Oncology
	<b>Tykerb</b> (lapatinib)	Oncology
	<b>Pegasys/Copegus; Peg-Intron/Rebetol</b> (peg-interferon/ribavirin)	Hepatitis C

\*All Specialty products are currently available under the Specialty Guideline Management pharmacogenomics program; an additional five specialty drugs are being considered for inclusion in our 1/1/2011 portfolio.

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# Establishing Clinical Utility



# Program Selection Rationale

- Clinical Considerations
  - Weight of clinical evidence
  - Clinical utility; actions taken based on prospective data
  - Clinical utility; actions taken based on retrospective data
  - Value of the genomic information for the patient
- Operational Considerations
  - Feasibility of intervening at the optimal point in therapy
  - Turn-around time to obtain genetic test results
- Impact
  - Prevalence of high-risk genotype and recommended therapy changes
  - Complications and deaths avoided
  - Potential health care savings associated with optimal drug use

	<ul style="list-style-type: none"><li>• Plavix (clopidogrel)</li><li>• Ziagen (abacavir)</li><li>• Tegretol (carbamazepine)</li></ul>
	<ul style="list-style-type: none"><li>• Vfend (voriconazole)</li><li>• Strattera (atomoxetine)</li></ul>

**Scientific clarity and practical considerations will evolve and so will program choices and program design.**

# Clinical Advisory Board (CAB)

<b>PROFESSIONAL CREDENTIALS</b> (13 core plus 4 ad-hoc members)	<ul style="list-style-type: none"> <li>• MD</li> <li>• PhD</li> </ul>	<ul style="list-style-type: none"> <li>• Masters in Public Health</li> <li>• PharmD</li> </ul>	
<b>SPECIALTIES</b>	<ul style="list-style-type: none"> <li>• Medical genetics</li> <li>• Breast oncology</li> <li>• Clinical pharmacology</li> <li>• Immunology</li> <li>• Infectious disease</li> </ul>	<ul style="list-style-type: none"> <li>• Evidence-based evaluation</li> <li>• Hematological oncology</li> <li>• Pediatric neurology</li> <li>• Thoracic oncology</li> <li>• Molecular diagnostics</li> </ul>	<ul style="list-style-type: none"> <li>• Molecular pathology</li> <li>• Cardiovascular genetics</li> <li>• Rheumatology</li> <li>• Microbiology</li> </ul>
<b>ACADEMIC &amp; RESEARCH HOSPITAL AFFILIATION</b>	<ul style="list-style-type: none"> <li>• Harvard</li> <li>• Stanford</li> <li>• Howard</li> <li>• NYU</li> <li>• Columbia</li> </ul>	<ul style="list-style-type: none"> <li>• Yale</li> <li>• Memorial-Sloan Kettering</li> <li>• Wayne State</li> <li>• Pittsburgh Medical Center</li> <li>• Beth Israel Deaconess Medical Center</li> </ul>	<ul style="list-style-type: none"> <li>• Brigham and Women's Hospital</li> <li>• College of American Pathologists</li> <li>• Langone Medical Center</li> <li>• Barbara Ann Karmanos Cancer Institute</li> </ul>
<b>COMPENSATION</b>	<ul style="list-style-type: none"> <li>• Consulting fee per meeting or project</li> <li>• Standard travel expenses</li> </ul>	<ul style="list-style-type: none"> <li>• NO equity</li> <li>• NO bonuses tied to business results</li> </ul>	

# PBM Retrospective Intervention

**1** Rx for targeted drug is filled at retail or mail – claim captured and stored in data warehouse

**2** Physician prescribing the targeted drug is identified

**3** Physician is notified via fax sent by CVS Caremark of the genetic test opportunity

**4** GH coordinates testing with physician and member

**5** GH recommends a laboratory within the Best Test™ Genetics Network

**6** Specimen is collected and analyzed

**7** Lab sends results to physician and GH (GH sends results summary report to physician who communicates results to patient)

**8** Based on test results, Generation Health guidance and physician approval

Refill therapy is continued

or

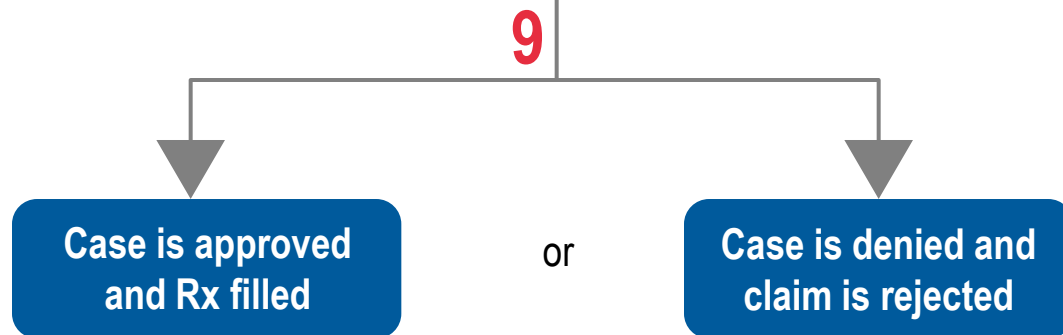
Refill therapy is changed

or

Refill therapy is discontinued

# Specialty Prospective Intervention

- 1 Targeted drug claim received; SGM case intervention triggered
- 2 Physician responds to clinical criteria with CVS Caremark SGM Team
- 3 PGx test completed?  
**No** = Move to step 4  
**Yes** = Move to step 9
- 4 SGM recommends a genetic test within Best Test™ Genetics Network
- 5\* Physician contacts GH to Authorize Genetic Testing with network lab
- 6 Specimen is collected and analyzed by lab
- 7 Lab sends results to physician and GH; physician communicates results to patient
- 8 GH sends results to CVS Caremark to make case determination



# Compliant With ALL HIPAA and GINA Rules and Regulatory Requirements

- **HIPAA: Health Insurance Portability and Accountability Act**
  - All programs and specific patient information fully compliant to protect the privacy of individual health information
  - Includes the Patient Safety Rule
- **GINA: Genetic Information Nondiscrimination Act**
  - Prohibits discrimination in health coverage and employment on the basis of genetic information
  - Prohibits health insurers or health plan administrators from using genetic information in coverage determination decisions
- **Expanded offering not impacted by GINA**
  - CVS Caremark will not use genetic information to determine premiums or eligibility

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**Program is also compliant with established state laws.**

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